



# In the Land of the Incas: A Transformational Journey to the Heartbeat of Pachamama\*\* July 2-13, 2010

Join Wilkarasara, Ronna Prince  
and Dr. Donald Backstrom on  
a transformational journey

Join us for a ten-day adventure to the sacred mountains of the ancient Incas. Immerse yourself in the pure energies of the great spiritual center, Machu Picchu. Connect to Pachamama through her divine heartbeat which pulses through the solar plexus, the umbilicus of the world, to connect you to rebirthing yourself in sacredness and purity. This sacred journey is structured and calibrated to those who are ready to enter a full scale reawakening of their own Divine Presence.



This means a connection to the solar plexus chakra where intuition is fully activated and TRUST in the inner urgings of your own presence becomes the guiding light for the remainder of your walk on earth.

Wachan, Martika, and Shiqwarkenti are Willkasara. They have been traveling to Japan, Europe, the United States and South America sharing their cultural heritage. Wachan is an Inca medicine man. He was born and raised in the high mountains of Cuzco, Peru. Wachan comes from a long lineage of medicine people. Martika comes from the Mochicas heritage, the Tayrona and the Kogis in the high Andes of Colombia, Sierra Nevada. Martika is a Harawico Chayna - the keeper of the ancient sacred songs. Shiqwarkenti was born in the Temple of the Moon in Cuzco, Peru. She sings and shares her loving ways with all of us. Martika is of the people descended from the Taironas, the Kojis, the Keepers of Harmony for Humanity up in the Sierra Nevada of Santa Marta, Colombia. "My journey's path began with life in the Andes of Colombia. My spirit memories began with the long pilgrimage into the high mountain communities, gathering our sacred songs, dances, and ceremonies that created my spiritual foundation. As a cultural ambassador, and traditional advisor, I have experienced many walks, leading my people and providing for them a bridge between the ancient and the modern world. When I moved closer to the ancient temples and sacred sites in the high mountains of Cusco, Peru, I received the blessing and medicine teachings of the Q'ero elders. Here I met my husband, Wachan Bajjioperak, who is a skilled medicine man. With his guidance, I learned the ancient practices of herbal medicine and the art of sound healing. I am a skilled practitioner of both herbal medicine and sound healing. Through the sacred sound, we heal ourselves, our families, and our communities."

Ronna Prince, founder of the Global Wholeness Project, is a spiritual teacher, counselor and workshop presenter who lives in Scottsdale, Arizona. She works with local clients in person and with clients all over the world in telephone consultations. Ronna presents workshops throughout the US on topics of spiritual conscious change-creation. Dr. Donald Backstrom has over two decades experience as a practicing chiropractor. Along with his doctorate in chiropractic, Dr. Backstrom is certified in meridian therapy (acupuncture) and clinical nutrition.

## TRIP ITINERARY AND TRAVEL DETAILS

### Day 1 - JULY 2

Arrive from USA. Transfer to the hotel. No meals. Melodia Hotel.

### Day 2 - JULY 3

Breakfast at the hotel. 7.00 am (pick up )transfer to the airport, fly to Cuzco by Star Peru. On arrival, meet and transfer to hotel with escort. Rest at the hotel and use the restroom. Enjoy a coca tea and complete pre-check-in. Then travel to Tipon Archeological Complex and participate in an Andean Ceremony with Martika. Includes box lunch. Tipon, a city of beautiful royal rooms and great water fountains, is one of the most important architectural complexes found in Cuzco. Transfer to Royal Inka in Písaq.

### Day 3 - JULY 4

Breakfast at the hotel. Journey to Písaq remains and traditional market tour with English guide. Peruvian and international buffet lunch. Free evening.

### Day 4 - JULY 5

Breakfast at the hotel. Take the train to Machu Picchu. Lunch buffet at a local restaurant. Relax at the hot springs. Welcome dinner. Overnight at Machu Picchu Inn.

### Day 6 - JULY 7

Breakfast at the hotel. Tour Machupicchu. Buffet lunch. Overnight at Machupicchu Inn.

### Day 7 - JULY 8

Breakfast at the hotel. Train to Ollantayambo. Lunch. Tour Moray Inka remains and town of Maras. Return to Cusco. Overnight at Hotel Novotel.

### Day 8 - JULY 9

Breakfast at the hotel. Tour includes Coricancha, Sun's Temple and Sacsayhuaman, Puca Pucara and Qenqo. Dinner and traditional folklore show.

### Day 9 - JULY 10

Breakfast at the hotel. Train to Ponu. Lunch on board. Tour Ponu. Overnight at "Casa Andina Classic Tikarani.

### Day 10 - JULY 11

Breakfast at the hotel. Tour. Lunch included. Overnight at Casa Andina Classic Tikarani-Puno.

### Day 11 - JULY 12

Breakfast at the hotel. Visit Tiawanaku in Bolivia. Box lunch. Transfer to La Paz. Overnight at Hotel Gloria.

### Day 12 - JULY 13

Breakfast at the hotel. Visit the Cit and Moon's Valley. Return to hotel for lunch. Transfer to airport to Lima and return flight to US.

## Your Tour Includes:

- Round-trip airport/hotel transfers
- Luggage handling at the hotels (1 bag per person)
- 11 nights First Class hotels with daily breakfast
- Welcome Dinner and Farewell Dinner
- All site entrance fees and gratuities
- Evening programs, sessions and consultations
- All tour-related transportation in Peru, including the flight from Lima to Cuzco round trip and the trains to Machu Picchu and Ponu
- Bilingual guides throughout

## Not included:

- Travel Insurance
- Meals not mentioned in itinerary
- All extras in hotels
- All services not mentioned as included
- Tip for driver & tour guide

## Tour Pricing

- Note the itinerary is subject to change due to conditions beyond our control.

**Per person, double occupancy** \$4870.00 per person based on double occupancy, which includes prepaid hotel gratuities and taxes. We will not book your airline tickets into Lima, however, we are happy to assist you with recommendations. \$1000.00 non-refundable deposit due at time of registration.

**Single Room Supplement: \$ 1925.00.** NOTE: The single room supplement is ONLY for those who would like to secure a private room throughout the tour, at the indicated additional price.

**Roommates:** If you are not traveling with anyone you know and would like to share a room, we will be happy to work to find you a suitable roommate. Per our Terms and Conditions, registration for the tour will be held open until two weeks before the departure date in order to try to match everyone with a roommate. If by that date we have not been able to match you with a suitable roommate, you will be responsible to pay for the single supplement. An early registration is advised.

## Registration Form

Please fill out this form, sign and return with your registration and non-refundable deposit of \$1000.00 to Sedona Spiritual Journeys, 20 Bell Rock Plaza, Suite K, Sedona AZ 86341.

Final payment is due on May 1, 2010, 60 days before the tour departure date. If you are registering after that date, payment in full is due at that time.

**Note:** Registrations will be accepted after May 12, but are subject to availability of hotel space.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: (Work) \_\_\_\_\_ (Home) \_\_\_\_\_

Email: \_\_\_\_\_

- Circle one: I would like double occupancy / single occupancy.
- \_\_\_\_\_ Please send me information on charging my trip to my credit card.

- I understand that upon receipt of my registration form and deposit of \$1000 per person, Sedona Spiritual Journeys will send my Registration Packet containing: statement of payment made, "What to Bring/Pack" list, Travel Tips, packing list, a brochure for optional trip cancellation/trip interruption insurance and complete Terms/Conditions.
- Cancellation Terms: A non-refundable deposit of \$1000.00 is due with your registration form. From 60 days to 45 days, there is a \$500 cancellation fee, plus any penalties imposed by hotels. For less than 45 days, there is a 100-percent cancellation fee.
- Your signature below affirms that you have read and completely understand the information and conditions stated above, and agree to all contents herein. A separate registration form must be signed by each traveler. If you have any questions, please call us. Flyer correct at time of printing and subject to change. Valid from 11/1/09 - 11/1/10. Any disputes are to be settled via Arbitration and the AZ American Arbitration Association.

Signature \_\_\_\_\_ Date \_\_\_\_\_